



Meeting Summary CASA Youth Council November 17th, 2016

This meeting focused on logistics and feedback, as well as continued discussion around moving the CASA Youth Council mental health magazine project forward. The major ideas have been detailed below.

Expression of Interest. CYC members were asked to complete an *Expression of Interest* form. CYC facilitators created this form to better understand the specific interests for opportunity of each council member. CYC members used these forms to indicate if they were interested in opportunities such as public speaking, sharing creative expressions (such as poetry), appearing on the news, sharing their mental health story, etc.

Terms of Reference. CYC Facilitators have drafted a *Terms of Reference*. This document has been created to provide a clear outline of the values and expectations of the council, CYC members, and CYC facilitators. As this council is driven from the input and ideas of council members, all CYC members were invited to share their feedback and suggestions for the Terms of Reference. Printed copies were provided to all members present, and those unable to attend the meeting were emailed the document. Members will review the draft in their own time and provide feedback to the facilitators.

Website Feedback. NAIT students have been working to redesign the CASA website. Two possible websites have been presented to CASA, with CYC members being invited to share their feedback on each site. The feedback provided has been outlined below. Feedback provided by council members was documented by facilitators and shared with those requesting the feedback.

Our Journey with CASA Script. CYC members were invited to share their feedback on a script created for an animated video for the CASA website. Feedback provided by council members was documented by facilitators and shared with those requesting the feedback.

Magazine Name. During the November 10th CYC workshop day, members worked together to brainstorm potential names for the CASA Youth Council mental health magazine. A survey was then created using the top three suggested names, and sent out to all members. CYC members voted on their favourite suggestion, and the name was chosen based on the votes

received. With 75% of the vote, the CASA Youth Council magazine will be called *Unseen: Youth Mental Wellness Magazine*.

Unseen: Youth Mental Wellness Magazine. The remainder of the meeting focused on the mental health magazine project. With the final deadline for content fast approaching, CYC members worked together to explore various magazine logistics, including:

List of articles. Facilitators drafted a list of the articles that CYC members have been working on. The list was distributed to council members.

Photo spread article. All CYC members have been invited to share any imagery they've created that they feel represents an aspect of mental health to them. This can be a photograph, a painting, a drawing, etc. These images will then be used to create a gallery page in the magazine. Members can choose whether or not to caption the photos they submit.

CYC feature article. It was decided at the November 10th workshop that the feature article of the first issue on *Unseen* would be on the CASA Youth Council. Article prompts had been sent out to CYC members earlier in the week. During the meeting, members worked together to begin drafting the feature article.

Article/content deadlines. The council aims to have the magazine published and ready for distribution for January. In order to make this work, final versions of articles are due to facilitators by November 30th.
